

AMERIC[^]ANDINA



HUMAHUACA EXPEDITION – CALILEGUA NAT. PARK

FROM PUNA TO FOREST Duration: **4 days/3 nights**

The province of Jujuy has a low population density. This makes finding places with little or no human activity easy. It possesses four regions: the arid Puna, the Quebrada de Humahuaca canyon, valleys, and the cloud forest known as Yungas. Large altitudinal variations in these regions produce different microclimates, allowing you to pass from the densest Andinian sub-tropical forest to the extreme aridity of the Humahuaca Canyon in a few days of walking. Jujuy has 1,500



archaeological sites and the population has deep-rooted ancestral customs and festivities. The diversity of its flora and fauna is spectacular.

Day 1: Humahuaca – Valle Colorado (5 hours by car - 5 hours of trekking)

The excursion begins with a trip in an all terrain vehicle. From Humahuaca we drive eastwards towards Santa Ana to Valle Grande, passing through small villages. We continue the ascent and turn off towards the natural lookout, la Serranía del Hornocal. We continue climbing, through the spectacularly-coloured landscapes of the valleys of Palca de Aparzo that can be seen in all directions. On arriving at las Serranías



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del Zenta (4.600 m.a.s.l.), we see la Serranía de Calilegua before us, and towards the southeast, the incredible island of the arid lowlands, Chaco Salteño, in a sea of rainforest. In the village of Santa Ana, we will indulge in a regional lunch and prepare to continue the expedition to Valle Colorado. This small and ancient settlement is one of the most incredible places you will experience on this expedition. Our visit stimulates a community member, Don Bautista Rosa Arias, to tell us about his life, his environment, and the history of this marvellous place. We have dinner and spend the night in the community refuge, or shelter.

Day activities: Breakfast in the refuge – experiencing the photogenic crossing towards Santa Ana – Lunch in Santa Ana – 5 hours of trekking (THE INCA TRAIL) – Dinner – Spend the night in the community refuge.

Day 2: Colorado Valley – San Francisco (3 hours of trekking - 3 hours by bus)

We begin walking at mid-morning towards Valle Grande, the village that shares its name with the county in which it is situated. There we will have lunch and wait for the arrival of the vehicle that will take us to San Francisco. On this stretch you will be able to enjoy fantastic views of the valleys of the Yungas.



Valle Grande is situated in an incomparable natural setting and we will meet artisans who continue to use ancestral techniques in the crafting of their work. Dinner will enable us to explore the region's culinary delights with locally produced ingredients.

Day activities: Breakfast – Lunch in Valle Grande – Night in a hospedaje, or non-shared family accommodation, in San Francisco – Dinner.

Day 3: Río Jordán thermal springs

We horse ride to the waters of the Río Jordán where you can sit back and relax in the naturally-formed thermal "baths" of the turquoise-coloured thermal springs. Night in hospedaje - Farewell dinner.

Day activities: Breakfast – Lunch in Valle Grande – Night in hospedaje in San Francisco.



Day 4: San Francisco – Calilegua Nat. P. – Lib. Gral. San Martín – End of the journey.

On this day we explore some of the paths of Calilegua Nat. Park, observing and interpreting the native flora and fauna of the Yungas. Then, we continue by vehicle, to the city of Libertador Gral. San Martín where our journey ends.



PRACTICALITIES

Duration: 4 days / 3 nights.

Time of year: March to December.

Level of difficulty: Medium difficulty (non-dangerous)

Start: Humahuaca

Ends: Lib. Gral. San Martín

Getting to Humahuaca: We provide transfer services or excursions directly from the airport or bus terminal from Jujuy or Salta.

Technical facts: This trip requires a level of preparation before-hand given that the trip covers altitudes between 1,500 m.a.s.l. and 4,200 m.a.s.l. The crossing can be done in both directions.

Services include:

- Accommodation in tents, refugios, or shelters, and hospedajes, or non-shared family accommodation, as stated in the itinerary.
- All meals, from lunch on the first day, to snacks on the last day.

Services not included:

- Services not described in the programme.
- Any expenses incurred in the event that programme is abandoned will not be refunded.

Minimum of 4 people per trip

Maximum of 12 people per trip

General Considerations

Luggage

For the crossing, bring only articles that you will need during the excursion. Some hikers decide to transport belongings in their backpacks. In this case, we recommend that you do not carry more than 20 % of your body weight. If you decide to hire a donkey or horse to carry your load the criteria must be the same. The animals must not be overloaded.

Remember that a part of the route reaches 4.200 m.a.s.l. At this altitude, the long walk requires a little more effort than is usual at low altitudes. Each donkey can transport approximately 25 kilos (horses, 60 kilos). This will help you to estimate the number of donkeys you will need.

Clothing

Clothing must be practical, comfortable and warm. Take into account the variety of climates that you may encounter. In summer (December-March) the temperatures in the north (Jujuy-Salta) can reach 40°C in some sectors of the San Francisco valley but during the winter months (July-September), in the mountains, the night-time temperatures can be less than 0°C. It is recommended that you bring synthetic clothing that is easy to wash and dries quickly. Jeans are not recommended as it will not be possible to dry them during the trip.

Footwear

Trekking footwear must be comfortable, **already broken in**, and appropriate for the type of terrain. For the excursion, it is preferable to carry low-topped boots.

Equipment needed for the trip

- Camping mat (**Essential**)
- **Sleeping bag with the appropriate temperature rating for the season (Essential)**
- 1 cup
- 1 Set of cutlery
- Back-pack cover, or plastic bags
- Sunglasses with UV filter
- Kit of personal items including all the articles that you would normally use e.g. Toiletries
- 1 flashlight (Remember to bring replacements batteries and bulbs).
- Penknife
- 1 bottle or personal canteen for water of 1 litre to 1 ½ litres
- Sunscreen and lip protector
- Insect repellent
- If you are on medication do not forget it

- Camera, with replacement batteries
- Jacket appropriate for mountains, water/wind-proof impermeable on the outside and lined with fleece
- Gloves in winter
- Cap or hat (with earflaps in winter)
- Binoculars
- Make sure you have any replacements that may be necessary Eg: Batteries, sunglasses or medication.

Humahuaca – Calilegua expedition

Services during the expedition include:

- Food
- Accommodation
- Transfer
- Guide
- Hospedaje, or non-shared accommodation with a family atmosphere
- Expedition insurance

PRICES: Indicated in US dollars at the price agreed upon on the day of reservation

Minimum 4 people; Maximum 12 people:

Consult us for the cost of groups of 10 or 12 people

OPTIONS:

- ON HORSEBACK: additional cost per horse pesos 325,00 PER PERSON
- ONE NIGHTS ACCOMODATION PRIOR TO AND AT THE END OF THE TREKKING:

CALENDAR APRIL - NOVEMBER

CROSSING HUMAHUACA - CALILEGUA NATIONAL PARK

STARTS AT 5.30 A.M. AND ENDS AT 10.00 P.M. ON THE FINAL DAY

Duration: 4 days 3 nights

Level of Difficulty: medium as above